



## STUDENT ASSESSMENT INFORMATION

### SRO ODR 002A PLAN OUTDOOR RECREATION ACTIVITIES

This unit covers the knowledge and skills to independently plan and participate unsupervised in outdoor activities within a team environment in situations where extreme environmental conditions are not likely to occur. This unit addresses the basic principles, knowledge and skills to plan general (non activity-specific) requirements for participation in outdoor recreation activities.

Assessment will be made through observation and by answering a number of questions.

#### Competency Unit Elements:

SRO ODR 002A/01 Make logistical arrangements

- a. Evaluate the suitability of a range of possible activity sites/locations to select one which is appropriate to personal objectives.
- b. Source and apply local area knowledge to assist in the **planning process**.
- c. Identify and comply with **statutory and organisational procedures**
- d. Identify and select where appropriate, specific sites within the designated activity location for use with reference to minimal impact on the environment.
- e. Identify **hazards** associated with the activity and implement risk minimisation procedures within the control of the participant during the planning and preparation.

SRO ODR 002A/02 Select and use suitable outdoor equipment

- a. Identify **equipment** needs after consideration of **contextual issues**
- b. Identify and evaluate sources of **equipment** according to needs
- c. Source **equipment** a suitable time prior to the activity to allow for checking
- d. Check **equipment** for serviceability to ensure that it is in good working order
- e. Confirm suitability of **equipment** to individual needs and conditions
- f. Prepare **equipment** for transportation to activity location in a manner to minimise loss or damage
- g. Use **equipment** in accordance with operational procedures and/or manufacturer's recommendations to ensure that design limits are not exceeded

SRO ODR 002A/02 Select and use suitable outdoor equipment ... continued

- h. Adjust and fit, where necessary, **equipment** to ensure comfort and safety.
- i. Monitor **equipment** for wear and damage during use and prior to storage and refer damaged **equipment** to the appropriate person
- j. Store **equipment** in a suitable manner according to organisational procedures and/or manufacturer's recommendations

SRO ODR 002A/03 Identify, plan and monitor food requirements

- a. Analyse food requirements and apply this analysis to select and maintain intake, based on principles of nutrition and energy requirements for conditions and type of activity
- b. Ensure menu planning and preparation is appropriate for dietary requirements and personal tastes within the **activity constraints**
- c. Apply knowledge of the range of food products available to select food which is most appropriate based on perishability, packaging and storage considerations
- d. Identify and plan for emergency food requirements

SRO ODR 002A/04 Identify and plan for water needs and usage

- a. Calculate fluid requirements, based on the requirements of a particular activity
- b. Identify elements to consider when calculating fluid requirements
- c. Access information on water purification techniques appropriate to the water source
- d. Outline the range of water purification techniques available and demonstrate use of purification resources appropriate to the water source
- e. Prepare water for carrying and storage in a manner appropriate to the activity and to minimise potential breakage of container

SRO ODR 002A/05 Identify and plan clothing requirements

- a. Identify causes of heat loss and heat exhaustion /stroke during an activity
- b. Select clothing suitable to the activity, based on consideration of **contextual issues**, as well as a knowledge of the principles of clothing selection and an application of knowledge of the features and limitations of different fabrics



SRO ODR 002A/06 Participate in an outdoor activity

- a. Determine and comply with **statutory and organisational procedures** applicable to the activity and activity site/location
- b. Establish **temporary sites**, where required, to ensure comfort, safety and minimal impact

SRO ODR 002A/07 Deal with non-routine situations

- a. Assess the **non-routine situation** and establish the need for **improvised equipment** or techniques
- b. Identify current resources that can be used for improvised techniques or **equipment**
- c. Ensure consideration is given to the ability to acquire new or additional resources
- d. Evaluate the ability to improvise with current resources whilst maintaining the safety of the activity
- e. Demonstrate the ability to improvise **equipment** and/or techniques to deal with **non-routine situations**
- f. Modify the activity, where necessary, to accommodate the use of **improvised equipment** or circumstances